Minority Obesity Vanquished with Education (MOVE) in Head Start

Guided by the Whole School, Whole Community, Whole Child model, the goal of this proposed Project MOVE (Minority Obesity Vanquished with Education) is to determine the efficacy of a Head Start center-based and home-based physical activity intervention on racially, ethnically, and socioeconomically disadvantaged preschoolers' health outcomes. Aimed at achieving health equity, Project MOVE is designed to create and sustain a comprehensive, developmentally, and culturally appropriate physical activity intervention that may be implemented with underserved preschoolers in 14 Head Start centers.

Sponsor:
U.S. Department of Health and Human Services

Amount:
$250,000